

ALPHAFIT

CORE CABLE CAGE



1 | DUAL WEIGHT STACKS FOR MAXIMUM TRAINING AND REHAB PROGRAM VARIETY

Offering a multitude of resistance training workout opportunities, the Core Cable Cage's two 75kg weight stacks ensure users reach their fitness goals. Choose to engage multiple muscles and joints in bi- and unilateral training with the freedom to move in smooth, user-defined pathways.

2 | UNIQUE ALLOY PULLEY CONFIGURATION PROVIDES GREATEST ADJUSTABILITY

The dual adjustable Trolleys deliver consistent, smooth movement and can quickly be adjusted to one of 36 height positions spaced in 50mm increments. Users of all heights will confidently find a comfortable setting in seconds. With 2.1m of effective cable motion, the Core Cable Cage's range of movement is larger than any comparable product on the market.

3 | HDPE LINED ACCESSORIES WITH EASY HEIGHT ADJUSTMENT SETTINGS

The Trolley, J-Hooks and Spotting Rails are lined with HDPE at all contact points to ensure complete protection of your Uprights and Barbell. All attachments feature over-sized windows for easy alignment against the numbered uprights so users can quickly choose their preferred setting every time.

4 | LIMITLESS STRENGTH TRAINING OPTIONS IN ONE COMPACT UNIT

In addition to traditional cable work, the Core Cable Cage can be used to safely perform barbell movements including squatting, benching and pressing. The Multi Grip Chin Up Bar station offers four alternate grip positions to the front and a straight bar on the reverse side. Eight solid, machined storage pins allow you to keep your Weight Plates close to where you'll need them.

5 | DESIGNED AND ENGINEERED WITH TOTAL SAFETY IN MIND

Completely covered weight stacks protect moving parts and eliminate any concern for users pinching fingers. The alloy magnetic locking pin positively secures weights in place. A thumb tab on the weight stack prevents cable grips and accessories from falling while users adjust the weight. The contemporary design also features a contained cable for both safety and aesthetics.

6 | PROUDLY MADE IN AUSTRALIA, CUSTOMISE TO BUILD THE CABLE MACHINE OF YOUR DREAMS

The Core Cable Cage is 100% Australian made allowing us to offer an unbeatable level of customisation including colour, branding, height, extensions and storage. Compatible with the complete range of AlphaFit Rig Accessories, you can create the best product for your unique space and training requirements.

Standard model pictured - Core Cable Cage in Charcoal Grey. Custom configurations, colours and branding available. Contact your sales representative for more information.



Learn more at alphafit.com.au/core-cable-cage

ALPHAFIT

ALPHAFIT CORE CABLE RANGE

Available Now:

- Core Cable Cell
- Core Freestanding Cable Cell
- Core Cable Cage
- Core High Low Tower

Coming Soon:

- Core Lat Pulldown Tower
- Core Seated Row Tower
- Core Lat Pull Row Combo Tower
- Core Modular Multi Station



“
DESIGNED AS A COMPLETE SOLUTION, WE GUARANTEE YOU WILL FIND NOTHING COMPARABLE TO THESE PRODUCTS IN THE STRENGTH AND CONDITIONING INDUSTRY
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CORE CABLE CAGE SPECIFICATIONS

Dimensions (L × W × H):	2505mm × 1960mm × 2340mm (including Storage Pins)
Product Weight:	660kg
Weight Stack:	2 × 75kg in 2.5kg increments
Trolley Adjustment Range (H):	Position 1–36: 370mm–2120mm
Cable Range of Motion:	2.1m pull length, 150° total swing
Machine & Workout Area (L × W):	2500mm × 3775mm
Warranty:	‘Built Not Bought’ 10 Year Warranty
Standard Colour Options:	Choose from 13 colours
Installation:	Must be bolted to the floor

